Left Hand Coordination Exercises

These exercises are simple but will quickly develop the coordination in your left hand. Once you can do them on the 1st string try to play each exercise over all strings. Watch out that your hands stay as relaxed as possible, and gradually increase speed as you gain familiarity with the exercises.

Ex.1

Ex.2

Ex.3

Ex.4

This is a particularly good one to practise for coordination.

Ex. 5.1

These next two 'melodic' patterns are often found in guitar licks and composed pieces.

Ex 5.2