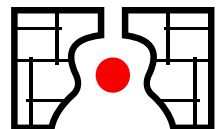


Left Hand Coordination Exercises

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Left Hand Coordination Exercises

These exercises are simple but will quickly develop the coordination in your left hand. Once you can do them on the 1st string try to play each exercise over all strings. Watch out that your hands stay as relaxed as possible, and gradually increase speed as you gain familiarity with the exercises.

Ex.1

Ex.2

Ex.1 and Ex.2 are musical exercises in 4/4 time. Ex.1 consists of two measures of eighth-note patterns: the first measure has notes G4, A4, B4, C5, and the second measure has notes B4, A4, G4, F4. Ex.2 consists of two measures of eighth-note patterns: the first measure has notes G4, A4, B4, C5, and the second measure has notes B4, A4, G4, F4. Below the staff is a guitar tablature with fret numbers: 1-2-3-4, 4-3-2-1, 1-2-3-4, 4-3-2-1, 1-4-3-2, 1-4-3-2, 1-4-3-2, 1-4-3-2.

Ex.3

Ex.4

This is a particularly good one to practise for coordination.

Ex.3 and Ex.4 are musical exercises in 3/4 time. Ex.3 consists of two measures of eighth-note patterns: the first measure has notes G4, A4, B4, C5, and the second measure has notes B4, A4, G4, F4. Ex.4 consists of two measures of eighth-note patterns: the first measure has notes G4, A4, B4, C5, and the second measure has notes B4, A4, G4, F4. Below the staff is a guitar tablature with fret numbers: 4-1-2-3, 4-1-2-3, 4-1-2-3, 4-1-2-3, 1-3-2-4, 4-2-3-1, 1-3-2-4, 4-2-3-1.

Ex. 5.1

These next two 'melodic' patterns are often found in guitar licks and composed pieces.

Ex. 5.1 is a musical exercise in 3/4 time. It consists of two measures of eighth-note patterns: the first measure has notes G4, A4, B4, C5, and the second measure has notes B4, A4, G4, F4. Below the staff is a guitar tablature with fret numbers: 1-2-4-2, 4-2-4-2, 1-2-4-2, 4-2-4-2, 1-2-4-2, 4-2-4-2, 1.

Ex 5.2

Ex 5.2 is a musical exercise in 3/4 time. It consists of two measures of eighth-note patterns: the first measure has notes G4, A4, B4, C5, and the second measure has notes B4, A4, G4, F4. Below the staff is a guitar tablature with fret numbers: 1-3-4-3, 4-3-4-3, 1-3-4-3, 4-3-4-3, 1-3-4-3, 4-3-4-3, 1.